

# AMERISAFE Video Loan Library

## Motor Vehicles and Air Travel

**Numbers beginning with "V" are available in VHS; Numbers beginning with "D" are available in DVD. Numbers with an "\*" behind them are available in DVD and VHS.**

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|---------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>500-VA *</b><br>(6 min. serious)   | <b>Passenger Vans and Shuttle Bus Operation</b><br>Demonstrates safe driving techniques for drivers of vans, carpools and shuttle buses.                                                                             |
| <b>500-VB *</b><br>(18 min. serious)  | <b>Trucking - Driving Techniques</b><br>Gives good driving techniques and maneuvers to help truckers drive safely in traffic.                                                                                        |
| <b>500-VC *</b><br>(22 min. serious)  | <b>Trucking - Driver Fatigue</b><br>Discusses the dangers of driver fatigue, signs to pay attention to and what the driver can do to relieve fatigue.                                                                |
| <b>500-VD *</b><br>(15 min. serious)  | <b>Trucking - Speed and Space Management</b><br>Offers safe driving tips to truckers concerning safe following distances, taking curves safely and making turns.                                                     |
| <b>500-VE *</b><br>(12 min. serious)  | <b>Trucking - Getting on &amp; off Tractors, Trailers...</b><br>Jumper demonstrates unsafe ways of getting on and off trailers, trucks and docks. Also gives examples and demonstration on proper entrance and exit. |
| <b>500-VF *</b><br>(13 min. serious)  | <b>Trucking - Seeing Hazards</b><br>Describes various types of hazards drivers encounter on a trip--such as road hazards, careless drivers and road construction.                                                    |
| <b>500-VG *</b><br>(17 min. serious)  | <b>Cargo Securement Training for Dry Vans &amp; Flatbeds</b><br>Covers load restraint requirement for flatbeds, proper securement techniques and new commodity-specific standards.                                   |
| <b>500-VH *</b><br>(12 min. humorous) | <b>Driving Safety</b><br>Stars Adam West (Batman) and the Bat mobile. Discusses physical reaction, road hazards and good driving keys and attitude.                                                                  |
| <b>500-VI *</b><br>(7 min. serious)   | <b>Night Driving</b><br>Discusses common dangers of night driving. Gives steps to make driving at night safer.                                                                                                       |
| <b>500-VJ *</b><br>(9 min. serious)   | <b>Traffic Safety</b><br>Discusses effective road management, identifying road hazards and three-second rule.                                                                                                        |

<p><b>500-VK *</b> (5 min. serious)</p>	<p><b>Passenger Overboard</b> Using the nautical theme of a "Man Overboard", it shows the importance of following safe procedures when riding in the back of an open truck.</p>
<p><b>500-VL *</b> (13 min. serious)</p>	<p><b>Residential Pick-Up Driving &amp; Helper</b> Safety for waste management industry and helpers riding on truck. Rules for helpers, pre-route inspection.</p>
<p><b>500-VM *</b> (15 min. serious)</p>	<p><b>Trucking - Cargo Security</b> Shows the proper way to secure cargo and doors of trailer and how load should be positioned. It also shows the proper way to bind loads and how to protect yourself from theft.</p>
<p><b>500-VN *</b> (17 min. serious)</p>	<p><b>Truck Driving Safety</b> Basic safety practices for driving a tractor-trailer safely. Reviews log book rules and safety measures to take in case of a mechanical breakdown.</p>
<p><b>500-VO *</b> (7 min. serious)</p>	<p><b>Coupling and Uncoupling</b> Instructional video on how to couple or uncouple a trailer. Covers trailer inspection and fifth-wheel inspection. Good video.</p>
<p><b>500-DP (DVD ONLY)</b> (37 min. serious)</p>	<p><b>Driver Vehicle Inspections: The Complete Process</b> Learn the importance of the driver's vehicle inspection report (DVIR), its purpose, and why it shouldn't be neglected. It also covers standard procedures for pre-trip, on-the-road, and post-trip inspections.</p>
<p><b>500-DQ (DVD ONLY)</b> (14 min. serious)</p>	<p><b>CSA 2010 - Federal Motor Carrier</b> Program includes the four elements to CSA - measurement, intervention, safety evaluation, and information to assist drivers and fleet operations in meeting the new requirements.</p>
<p><b>500-VR *</b> (20 min. serious)</p>	<p><b>Hazardous Material Transportation</b> Outlines HazMat Regulations and your responsibility for safety. Covers the following: 1) The use of HazMat tables 2) Proper shipping papers, labels, and placards 3) Proper loading and load segregation 4) Transportation safety.</p>
<p><b>500-VS *</b> (23 min. serious)</p>	<p><b>Hours of Service: A Driver's Guide</b> Explains the 11-hour driving rule, 14 consecutive hours on-duty rule, 60/70 hours of service rules, and the new 34-hour restart provision. Also covers misunderstood rules such as, sleeper berth rules, on-duty vs. off-duty, and exemptions.</p>
<p><b>500-VT *</b> (7 min. serious)</p>	<p><b>Flagging Traffic</b> Covers flagging responsibilities including increased awareness and speed control. Discusses proper clothing and equipment and gives tips for professional traffic control.</p>
<p><b>500-VU *</b> (19 min. serious)</p>	<p><b>Alcohol and Drug Testing for Trucking</b> Reviews regulations, explains different types of testing, describes consequences of testing positive and discusses employers role.</p>
<p><b>500-VV *</b> (7 min. serious)</p>	<p><b>Winter Driving Techniques</b> Discusses techniques for negotiating hills, handling skids, getting vehicles out of snow and avoiding collisions.</p>

<b>500-VW *</b> (17 min. serious)	<b>Woods Road Safety</b> Discusses how to prepare for travel on logging roads, vehicle conditions, road and bridges, recreation hazards, and hazards associated with logging equipment.
<b>500-VX *</b> (5 min. serious)	<b>Backing Safety</b> Discusses pre-trip inspection, hand signal coordination with co-employees and vehicle's cone of invisibility.
<b>500-VY *</b> (5 min. serious)	<b>Flagging Traffic Safety</b> Discusses tips to avoid potential traffic disasters, safe attire for day or night work, and avoiding confrontation with the public.
<b>500-DZ (DVD ONLY)</b> (16 min. serious)	<b>Motor Fleet Maintenance Safety</b> Discusses proper attire and PPE; fire prevention; avoiding back injuries and falls; inspection, replacement, care and use of tools; electric hazards; and industry-specific hazards and safety checks.
<b>501-DA (DVD ONLY)</b> 27 min. serious)	<b>Driving Distractions "Are You Playing With a Full Deck?" (Quiz Included)</b> Improves awareness of driving distractions from eating, drinking, operating a cell phone, PDA or navigation devices.
<b>501-DB (DVD ONLY)</b> (15 min. serious)	<b>10-85 ECHO: A Texting Tragedy</b> Gives a descriptive, detailed overview of a texting while driving accident where there were two 10-85s (fatality).

Please call Carol Martinez at 800-256-9052, ext. 3426 with questions or to borrow these videos.

**IMPORTANT:**

Loans are made **ONLY** to policyholders of American Interstate Insurance Company.